



Client Agreement 2025 V.2

Born to Be Wild Lifestyle Somatic, Trauma Informed, Sex & Relationship Coaching Practitioner: Dovie Gena Lopez

1. Introduction

I am excited that you ("Client") have chosen to receive **Somatic, Trauma Informed, Sex & Relationship Coaching** from **Born to Be Wild Lifestyle**, operated by **Dovie Gena Lopez** ("Practitioner"). This **Client Agreement** outlines the terms and conditions of our coaching relationship, including services, payment, scheduling, confidentiality, informed consent, and liability.

By signing this Agreement, you acknowledge that you have read, understood, and agreed to the terms contained herein.

2. Nature of Services

Somatic coaching is a **body-based approach** that emphasizes physical experiences over thoughts to deepen self-awareness, relational connection, and emotional well-being. Sessions may incorporate various **trauma-informed modalities**, including but not limited to:

- ✓ **Somatic Experiencing (SE)** – body-based awareness techniques for trauma resolution.
- ✓ **Eye Movement Desensitization and Reprocessing (EMDR)-inspired techniques** – adapted for coaching purposes, utilizing guided visualization and bilateral stimulation.
- ✓ **Mindfulness & Breathwork** – techniques to regulate the nervous system and foster emotional resilience.
- ✓ **Attachment-Based Approaches** – exploring relational dynamics and intimacy blocks.
- ✓ **Polyvagal Theory Applications** – understanding how the nervous system responds to stress and connection.

! Important Notice: While trauma-informed modalities may be integrated into coaching sessions, this is **not psychotherapy, medical treatment, or psychiatric care**. I am **not a licensed mental health professional** and do not diagnose or treat mental illnesses. If you require therapy or medical intervention, I encourage you to consult a licensed provider.

3. Informed Consent

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3.1 Nature of Services

I acknowledge that I am voluntarily engaging in **Somatic, Trauma Informed, Sex & Relationship Coaching** with **Dovie Gena Lopez**. I understand that these services focus on **body-based experiences** to enhance **self-awareness, intimacy, and relational dynamics**.

I understand that these services may incorporate **trauma-informed modalities** such as **Somatic Experiencing, EMDR-inspired techniques, and mindfulness practices**, but they do not constitute **licensed EMDR therapy or psychotherapy**.

I further acknowledge that coaching is **not a substitute for medical treatment, psychiatric care, or licensed trauma therapy**.

3.2 Voluntary Participation & Right to Withdraw

I acknowledge that my participation is **completely voluntary**. I have the right to **refuse, stop, or modify** any experience, activity, or practice at any time for any reason, and my request will be honored immediately **without question**.

3.3 Physical & Emotional Risks

I acknowledge that engaging in **somatic-based coaching and trauma-informed modalities** may bring up **intense emotions, memories, or unexpected personal reactions**. While the Practitioner provides a supportive environment, I understand that I remain **fully responsible** for my **emotional well-being**.

If I have a **history of trauma, mental health conditions, or physical limitations**, I understand that I should consult a **licensed professional** before proceeding.

3.4 Consent for Touch (If Applicable)

I understand that **touch may be a part of somatic coaching** and is always conducted with **active consent**. I acknowledge that:

- ✓ **Any physical contact will be clearly explained beforehand.**
- ✓ **I have the right to decline, modify, or stop any form of touch at any moment.**
- ✓ **All interactions will follow professional boundaries set by the Somatica Method.**

3.5 Confidentiality

I understand that my identity and personal information will remain **confidential**, except when disclosure is **required by law** (e.g., threats of harm, abuse reporting).

If I am receiving coaching as a **couple**, I understand that **individual sessions will remain confidential from my partner**.



3.6 Assumption of Risk & Release of Liability

I acknowledge that **coaching carries inherent risks**, including **emotional discomfort** or unexpected reactions. I agree to **release and hold harmless Dovie Gena Lopez, Born to Be Wild Lifestyle, and Pinnacle Enterprises, Ltd.** from any **liability related to my participation.**

4. Fees & Payment

4.1 Session Rates

- **First-time consultation:** \$0.00 (20 minutes)
- **Individual coaching session:** \$75.00 (60 minutes)
- **Couples coaching session:** \$95.00 (60 minutes)
- Longer/customized sessions available at a **pro-rated rate.**

4.2 Payment Methods

✓ Payments are due **at the time of booking** via **PayPal (@borntobewildlifestyle), Venmo (@borntobewildlifestyle), certified funds, or cash.**

✓ Born to Be Wild Lifestyle **does not accept insurance, FSA, or HSA payments.**

5. Refund, Cancellation & Rescheduling Policy

5.1 No Refunds for Completed Services

Once a session has been provided, **no refunds will be issued.** Dissatisfaction, unexpected emotional responses, or unmet expectations do not constitute grounds for a refund.

5.2 Cancellations & Rescheduling

- **More than 24 hours' notice:** The session will be **rescheduled** or issued as a **session credit** (not a monetary refund).
- **Less than 23 hours' notice:** A **\$50.00 late cancellation fee** applies, and the session will **not** be refunded or credited.
- **No-shows & late arrivals:** Sessions will be **forfeited without a refund** if the client is more than **15 minutes late.**

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5.3 No Refunds for Prepaid Packages

Prepaid coaching packages are **non-refundable and non-transferable**. If a client discontinues services, **unused sessions may be scheduled at a later date.**

5.4 Chargeback & Payment Dispute Policy

By signing this Agreement, you agree **not to dispute charges or initiate chargebacks** for services rendered. If a chargeback is initiated, you will be responsible for:

- ✓ The **full amount** of the session or package.
- ✓ **Any legal or administrative fees incurred.**
- ✓ **Immediate repayment of the disputed amount.**

👉 *“By entering into this agreement, the Client waives their right to initiate a chargeback on completed services. Any dispute over fees must be resolved directly with the Practitioner.”*

5.5 Emergency Considerations

In the case of **documented medical emergencies**, exceptions to this policy **may be considered at the sole discretion of the Practitioner.**

6. Assumption of Risk & Liability Waiver

- ✓ **Coaching carries inherent risks**, including **emotional discomfort.**
- ✓ **The Practitioner does not guarantee specific results.**
- ✓ **Clients assume full responsibility for their health and well-being.**

👉 *“To the fullest extent permitted by law, the Client waives any claims against the Practitioner, Born to Be Wild Lifestyle, and Pinnacle Enterprises, Ltd., for injuries, emotional distress, or damages related to participation in coaching services.”*

7. Acknowledgment & Agreement

I acknowledge that:

- ✓ I have **read this Agreement** in full and understand its terms.
- ✓ I **voluntarily agree** to engage in **coaching services** under these conditions.
- ✓ I understand the **refund, cancellation, chargeback, and liability policies** outlined above.

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Client Name (Print): _____

Client Signature: _____ **Date:** _____

Practitioner Name: Dovie Gena Lopez

Practitioner Signature: _____ **Date:** _____