



Client Agreement

I am excited that you (“you” or the “Client”) have chosen to receive somatic sex and relationship coaching services from Pinnacle Enterprises, Ltd dba Born to Be Wild Lifestyle (“I”, “me” or the “Practitioner”). This Client Agreement (the “Agreement”), will describe the relationship between you and I with respect to the services that I will be providing to you.

Somatic Sex and Relationship Coaching

Somatic (body-based) coaching differs from other therapy in that it emphasizes your connection to your body. It also emphasizes the importance of experiences (as opposed to thoughts) as the central vehicle towards deeper freedom and choice. During our work together, there will be times when I invite you to experiment with yourself, your partner (if you are coming in as a couple) and with me around emotions, touch, intimacy and connection. All of these experiences are in service of you having a deeper understanding of your own internal processes. Touch is only used with your permission and you have the right to stop or change AT ANY TIME, for any reason, any touch or experience in which we are actively consented to engaging in. I will respond to your request respectfully and without question or hesitation.

While the focus of our work together is the improvement of your sexual and relational life (or lives), there may be other areas of your life (i.e. employment, education, family history, etc.), which inform your sexual and relational well-being, so we may need to discuss these and other realms, in order to assist you to move through relationship and intimacy blocks. I am NOT a licensed psychotherapist and am not required to be licensed in order to practice sex and relationship coaching in the State of Colorado.

Practitioner and the Client hereby agree as follows:

1. Fees

Sessions are shared in person or online over Google Meet. Sessions are defined by ‘Individual’ single person sessions or ‘Couple’ double person sessions.

- First time consultations are priced at \$0.00 for up to 20 minutes
- Initial full individual sessions are priced at \$75.00 for up to 60 minutes
- Initial couple sessions are priced at \$95.00 for up to 60 minutes

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The fee for longer sessions, as agreed-upon by mutual consent, may be arranged on a pro-rated basis. Custom triad, quad or group sessions are available upon request for an additional fee.

Fees are periodically adjusted and you will be informed in advance of any fee increases. If for any reason you are unable to continue paying for services, please provide a minimum of 48 hours advanced notice and I will assist you in considering options that may be available to you.

2. Payment Policies

Payment is due at time of booking via credit card via PayPal @borntobewildlifestyle, Venmo transfer @borntobewildlifestyle, certified funds or cash. I am not part of any in-network insurance programs and you should not expect any of the services to be covered or reimbursed by insurance or through a FSA-flexible spending account or HAS-Health Savings Account. You assume full responsibility for and agree to pay all costs, charges, and expenses for services rendered under this Agreement.

3. Cancellation and Late Appointments

In order to cancel or reschedule an appointment, please notify me at least 24 hours in advance of your appointment. If you cancel or reschedule more than 24 hours in advance, you will receive a full refund. If you reschedule or cancel your appointment with less than 23 hours, you will be charged \$50.00.

You understand that sessions that begin late due to delays on your part cannot be extended or rescheduled. Sessions will be cancelled if you are more than 15 minutes late to the scheduled session.

As a courtesy, I will attempt to provide 24 hours' notice to clients if I need to cancel a session. If a cancellation is required, every attempt will be made to provide a make-up session time. You will not be billed for a makeup session cancelled by me.

4. Availability; Emergencies

Telephone and email contact in-between sessions for scheduling purposes is welcome. I recognize that important insights and questions may come up between sessions. I encourage you to keep notes when this happens. If you feel the need to call or email about a coaching issue, I will attempt to keep those contacts brief due to the belief that important issues are better addressed within

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regularly scheduled sessions. I may need to communicate with you by telephone, email, mail or other means. Please be sure to indicate your preferences and let me know if you have any restrictions.

You may leave a message for me at any time on my confidential voicemail line: 720-295-4646. I will generally return phone calls within 24 hours unless I am on a pre-scheduled vacation.

In the event of a medical emergency or an emergency involving a threat to your safety or the safety of others, please call 911 to request emergency assistance.

5. Professionalism and Confidentiality

The relationship between you and I is a professional relationship which means that all interactions will stay within the boundaries of the Somatica method and the boundaries of pre-scheduled session times.

I am aware sexuality can be a very personal topic. I want to assure you that your identity as a client and everything you say in sessions is confidential. Aside from financial records, any notes I keep about you for our records will not have your name or identifying information associated with them. If I am working with you as a couple, and also seeing you in individual sessions, I WILL NOT share any information with your partner that you tell me, in your individual sessions. I believe it is your job to negotiate your relationship and I want to make sure that each individual has a place for full disclosure. This can help each person clarify what they are doing and how it may impact their relationship to make decisions with which each of you are in alignment.

6. Health; Consent to Treatment

By signing below, you voluntarily consent to coaching, treatment, experiences and/or evaluation performed by me. This consent for treatment is valid for all services that are provided from the date that you sign this Agreement until services are terminated in writing. You understand that you can revoke this consent for treatment at any time in writing (an email can serve this purpose) to me.

You represent that you are physically and mentally sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent you from receiving the services or that would risk your health or well-being while receiving the services by me. You agree to notify me of any changes in mental or physical health or life circumstances that may affect your treatment.

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If you do have a physical disability or physical impairment that directly impacts receiving the services by me, with the intention of improving your health or wellbeing, sessions can be arranged. A separate agreement addendum is available upon request outlining the details. This addendum will need to be signed and completed before any session can take place.

7. Assumption of Risk; Limitation of Liability

You certify that you voluntarily agree to receive the services. You understand and acknowledge that somatic sex and relationship coaching by their very nature, carry with them certain inherent risks that cannot be eliminated. You understand and acknowledge that, regardless of the care taken by Practitioner, I cannot guarantee your safety, health or well-being, or any specific results. You expressly assume and accept sole responsibility for your health and safety and for any and all injuries that may occur. You understand that you must inform Practitioner of any medical conditions, medications or other factors that may affect your ability to safely receive the services.

You agree that to the fullest extent permitted by law, Practitioner shall not be liable to you for any injury, harm, loss or damage that you may suffer as a result of your receiving the services or of any activity contemplated by this Agreement. You hereby agree to waive any claim against Practitioner for any injury, harm, loss or damage that you may suffer as a result of your receiving the services or of any activity contemplated by this Agreement.

8. Indemnification

You agree to hold harmless and indemnify Pinnacle Enterprises, Ltd. dba Born to Be Wild Lifestyle and Practitioner from all claims (whether initiated by you or by a third party) and to reimburse them for any expenses incurred as a result of your involvement with Practitioner or receipt of the services.

9. Treatment Refusal/Termination

You acknowledge that at any time you can suspend or refuse to implement any and all recommendations or instructions made by me. You agree to keep your own physical and emotional boundaries within sessions and immediately inform me if anything is happening in the session that makes you feel uncomfortable. The Somatica Method has a strict set of professional physical boundaries I follow during sessions. For more information on the Somatica Method please visit their website at <https://www.somaticainstitute.com/somatica-philosophy/>

The ongoing commitment to the relationship between you and I will always be treated with utmost importance and I will make every effort to maintain a mutually healthy working relationship and

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ask you to do the same. That being said, either you or I are free to terminate this agreement at any time for any reason. If you would like to continue coaching or start some form of alternative therapy, I will make every effort to assist with transitioning to a different service Practitioner if a client is discharged from services. No services shall be started or ended without written notification.

10. Proprietary Rights and Ownership

Any techniques, procedures, materials, instructional sequences, data, videotape, written data, and original works of authorship used during the sessions that Pinnacle Enterprises, Ltd. dba Born to Be Wild Lifestyle made, conceived, developed or reduced to practice remain the property of Pinnacle Enterprises, Ltd. dba Born to Be Wild Lifestyle and are used by Practitioner with the permission of Born to Be Wild Lifestyle. All other techniques, procedures, materials, instructional sequences, data, videotape, written data, and original works of authorship used during the sessions are owned by Practitioner or licensed from or used with permission from another party.

11. Acknowledgement

You acknowledge that you have carefully read this Agreement and understand that includes a complete and absolute release of liability. You understand that you have knowingly agreed to receive the services and that you have been given an opportunity to ask questions regarding the Agreement and the services.

IN WITNESS WHEREOF, the parties have executed this Agreement, and this Agreement will be effective, as of the date this Agreement was electronically accepted and/or signed in person.

I have read and agree to the terms above

Client: Name First, Last

Date

Client Signature

Date



Practitioner: Name First, Last

Date

Practitioner Signature

Date